



# THE FIFTH ACE GULF CHAPTER ANNUAL CLINICAL CONGRESS

## SCIENTIFIC PROGRAM

### DAY 1 THURSDAY, OCTOBER 5, 2017

07:30-08:30 Registration & Morning Coffee

#### 08:30-09:15 Key Note Address:

*Chair: Juma Al Kaabi, President-Elect, ACE-Gulf Chapter (UAE)*

**L1** Current Concepts in Thyroid Cancer  
**Hossein Gharib (USA)**

#### 09:15-10:00 State of the Art Lecture I

*Chair: Mohamed Lamki, IP President, ACE-Gulf Chapter (Oman)*

**L2** Aberrant Cortisol Metabolism and its Consequence for Human Disease  
**Paul Stewart (UK)**

#### 10:00-10:15 Opening Ceremony

*Salem A. Beshyah, ACE-Gulf Chapter President (2016-2017)*

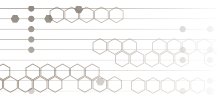
10:15-10:45 Coffee Break, Poster Viewing & Exhibition

#### 10:45-12:45

#### Clinical Practice Symposia

	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
	<b>Clinical Practice Symposium A. Thyroid</b> <i>Chairs: Naji Al Johani (KSA) &amp; Wiam Hussein (Bahrain)</i>	<b>Clinical Practice Symposium B. Diabetes</b> <i>Chairs: Nasser Aljuhani (KSA) &amp; M. Hamed Farooqi (UAE)</i>	<b>Clinical Practice Symposium C. Lipids</b> <i>Chairs: Yousef Al Saleh (KSA) &amp; Nawal Al Mutawa (UAE)</i>
10:45-11:15	<b>CS1.1</b> Subclinical Hyperthyroidism: To treat or not to treat? <b>Petros Perros (UK)</b>	<b>CS2.1</b> Type 2 Diabetes in the Young <b>Melanie Davies (UK)</b>	<b>CS3.1</b> Gulf Hyperlipidemia Guidelines Overview <b>Nasreen Alsayed (Bahrain)</b>
11:15-11:45	<b>CS1.2</b> Differentiated Thyroid Cancer: Regional Perspective <b>Ali S. Alzahrani (KSA)</b>	<b>CS2.2</b> Helping People with Diabetes Improve Outcomes: Is technology the answer? <b>Simon Heller (UK)</b>	<b>CS3.2</b> Pros and Cons of Hyperlipidemia Guidelines <b>Kamal Al Shoumer (Kuwait)</b>
11:45-12:15	<b>CS1.3</b> Management of Thyroid disease in Pregnancy: A Regional Perspective <b>Aly B. Khalil (UAE)</b>	<b>CS2.3</b> Management of Diabetes in Patients with Declining Renal Function <b>Salah Abusnana (UAE)</b>	<b>CS3.3</b> Statins in Focus: Efficacy and Safety <b>Khalid Al Waili (Oman)</b>
12:15-12:45	<b>CS1.4</b> Subclinical Hypothyroidism <b>Hossein Gharib (USA)</b>	<b>CS2.4</b> Management of Diabetes in Culturally Diverse Populations <b>Enrique Caballero (USA)</b>	<b>CS3.4</b> PCSK9 Inhibitors in Management of Hyperlipidemia <b>Hani Sabbour (UAE)</b>





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**DAY 1 THURSDAY, OCTOBER 5, 2017**

12:45-13:45 Prayers Break, Lunch Break & Poster Viewing

**13:45-14:30 Platinum Satellite Symposia**

	Al Razi Hall	Ibn Sina Hall
	<b>SS1.</b> Hosted by Novartis	<b>SS2.</b> Hosted by Sanofi

**14:30-15:15 Meet-the-Expert Sessions**

	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
14:30-15:15	<b>MTE1.</b> Clinical Management of Thyroid Eye Disease Petros Perros (UK)  <i>Chair:</i> Tarek Fiad (UAE)	<b>MTE2.</b> Endocrine Disruptors and their Role in Female Reproduction Evanthia Diamanti-Kandarakis (Greece)  <i>Chair:</i> Dima Abdelmannan (UAE)	<b>MTE3.</b> Minimizing Hypoglycemia in Diabetes Care Simon Heller (UK)  <i>Chair:</i> Tarik El Hadd (Qatar)

**15:15-16:15 Oral Communications**

	Ibn Sina Hall	Al Razi Hall
	<b>Oral Communications 1 Diabetes</b>  <i>Chairs: Melanie Davies (UK), Ebaa Al-Ozairi (Kuwait) &amp; Mohamed Lamki (Oman)</i>	<b>Oral Communications 2 Endocrinology</b>  <i>Chairs: Paul Stewart (UK), Nasreen Alsayed (Bahrain) &amp; Juma Al Kaabi (UAE)</i>

16:15-16:45 Coffee Break, Poster Viewing & Exhibition

**16:45-17:15 Gold Satellite Symposia**

	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
	<b>SS3.</b> Hosted by Amgen	<b>SS4.</b> Hosted by AstraZeneca	<b>SS5.</b> Hosted by MSD

**17:15-18:00 Meet-the-Expert Sessions**

	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
17:15-18:00	<b>MTE4.</b> Optimal Management of Patients with Adrenal Incidentaloma Paul Stewart (UK)  <i>Chair:</i> TBA	<b>MTE5.</b> Implications of Advanced Glycation End Products (AGEs) in the Pathophysiology of PCOS Evanthia Diamanti-Kandarakis (Greece)  <i>Chair:</i> Bashir Salih (UAE)	<b>MTE6.</b> Structured Education for Diabetes Management and Prevention Melanie Davies (UK)  <i>Chair:</i> Mona Arekat (Bahrain)





**THE FIFTH AACE GULF CHAPTER ANNUAL CLINICAL CONGRESS  
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DAY 1 THURSDAY, OCTOBER 5, 2017**

18:00-18:30 Prayer Break, Coffee Break & Exhibition

**18:30-19:15 Plenary Lecture I**

*Chair: Ahmed Hassoun (UAE)*

**L3 Insulin Therapy in an Era of Modern Injectables**  
Simon Heller (UK)

**19:30-20:15 Annual AACE-Gulf Chapter Meeting**  
*(members and guests only)*





**THE FIFTH ACE GULF CHAPTER ANNUAL CLINICAL CONGRESS**  
**SCIENTIFIC PROGRAM**  
**DAY 2 FRIDAY, OCTOBER 6, 2017**

08:00-8:15 Registration

**08:15-09:00 State of the Art Lecture II**  
*Chair: Kamal Al Shoumer (Kuwait)*

**L4 Growth Hormone Therapy from Adolescence to Senescence**  
**Jens Jørgensen (Denmark)**

**09:00-09:45 State of the Art Lecture III**  
*Chair: Nasreen Alsayed (Bahrain)*

**L5 Cardiovascular Outcome Trials in Diabetes**  
**Melanie Davies (UK)**

09:45-10:15 Coffee Break, Poster Viewing & Exhibition

**10:15-11:45 Clinical Practice Symposia**

	<b>Al Razi Hall</b>	<b>Ibn Sina Hall</b>	<b>Ibn al-Nafis Hall</b>	<b>Ibn Rushd Hall</b>
	<b>Clinical Practice Symposium D. Medical Aspects of Pituitary Tumors</b> <i>Chairs: Khaled Al Dahmani (UAE) &amp; Mussa Al Malki (KSA)</i>	<b>Clinical Practice Symposium E. Diabetes II</b> <i>Chairs: Abdulrazzaq Almadani (UAE) &amp; Ali Maamari (Oman)</i>	<b>Clinical Practice Symposium F. Bone Health Update</b> <i>Chairs: Riad Sulimani (KSA) &amp; Fatheya Al Awadi (UAE)</i>	<b>Clinical Practice Symposium G. Endocrine Care of The Adolescent</b> <i>Chairs: Jamal Al-Jubeh (UAE) &amp; Elham Al Amiri (UAE)</i>
10:15-10:45	<b>CS4.1 Acromegaly: Recent Advances in Medical Therapy</b>  <b>Jens Jørgensen (Denmark)</b>	<b>CS5.1 The Controversy Around the Link Between Hypoglycaemia and Cardiovascular Disease</b>  <b>Simon Heller (UK)</b>	<b>CS6.1 FRAX Based Guidelines: A Paradigm Shift in the Diagnosis and Management of Osteoporosis Worldwide</b>  <b>Ghada El-Hajj Fuleihan (Lebanon)</b>	<b>CS7.1 Management of Type 1 Diabetes Mellitus in Adolescents</b>  <b>Ibrahim Al Alwan (KSA)</b>
10:45-11:15	<b>CS4.2 Cushing's Syndrome: Diagnosis Remains a Major Challenge</b> <b>Paul Stewart (UK)</b>	<b>CS5.2 Glucagon Based Therapeutics in Diabetes and Obesity</b> <b>Melanie Davies (UK)</b>	<b>CS6.2 Drug Treatment of Osteoporosis</b> <b>Yousef Al-Saleh (KSA)</b>	<b>CS7.2 Growth Disorders</b>  <b>Walid Kaplan (UAE)</b>
11:15-11:45	<b>CS4.3 Prolactinoma 2017</b>  <b>Moeber Mahzari (KSA)</b>	<b>CS5.3 Nephroprotective Potential of SGLT2 Inhibitors</b> <b>John Wilding (UK)</b>	<b>CS6.3 Vitamin D Deficiency: Global and Regional</b>  <b>Hussein Saadi (UAE)</b>	<b>CS7.3 The Spectrum of Delayed Puberty in Female Adolescents</b> <b>Asma Deeb (UAE)</b>





# THE FIFTH AACE GULF CHAPTER ANNUAL CLINICAL CONGRESS

## SCIENTIFIC PROGRAM

### DAY 2 FRIDAY, OCTOBER 6, 2017

11:45-13:45 Extended Prayers Break, Lunch Break & Poster Viewing  
(transport will be leaving for Friday Prayers sharply at 12:00)

#### 13:45-14:45 Diamond Satellite Symposium

Ibn Sina Hall

**SS6.**  
Hosted by Novo Nordisk

#### 14:45-16:15 Meet-the-Expert Sessions

	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall	Ibn Rushd Hall
14:45-15:30	<b>MTE7.</b> Medullary Thyroid Carcinoma: Cases and Management  Hossein Gharib (USA) <i>Chair:</i> Huda E. Mustafa (UAE)	<b>MTE8.</b> Hypopituitarism  Jens Jørgensen (Denmark) <i>Chair:</i> Satendra Kumar (UAE)	<b>MTE9.</b> Integrating Pharmacotherapy into Obesity Management: A winning combination John Wilding (UK) <i>Chair:</i> Saad Alzahrani (KSA)	<b>MTE10.</b> Diagnosis and Management of Diabetes Insipidus  Amir H. Hamrahian (UAE) <i>Chair:</i> Omayma El-Shafie (Oman)
15:30-16:15	<b>MTE11.</b> Thyroid Emergencies  Petros Perros (UK) <i>Chair:</i> Ferryal Al Saber (Bahrain)	<b>MTE12.</b> FRAX-based Management of Osteoporosis  Ghada El-Hajj Fuleihan (Lebanon) <i>Chair:</i> Salwa Alaidarous (KSA)	<b>MTE13.</b> Medical Care of the Post-bariatric Patient  Juma Al Kaabi (UAE) <i>Chair:</i> Mahir Jallo (UAE)	<b>MTE14.</b> Mineralocorticoid Hypertension  Paul Stewart (UK) <i>Chair:</i> Sara Suliman (UAE)

16:15-16:45 Coffee Break, Poster Viewing & Exhibition

#### 16:45-17:30 Platinum Satellite Symposia

Al Razi Hall

**SS7.**  
Hosted by Hikma

Ibn Sina Hall

**SS8.**  
Hosted by Lilly

17:30-18:30 Prayer Break, Coffee Break & Exhibition

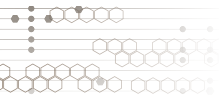
#### 18:30-19:15 Plenary Lecture II

*Chair: Abdulraof Almahfouz (KSA)*

**L6** Year in Bone: Highlights of ASBMR 2017  
Ghada El-Hajj Fuleihan (Lebanon)

#### 20:00-22:00 The AACE-Gulf Chapter Annual Dinner and Recognition Awards Night

(admission by tickets only)



**THE FIFTH ACE GULF CHAPTER ANNUAL CLINICAL CONGRESS  
SCIENTIFIC PROGRAM  
DAY 3 SATURDAY, OCTOBER 7, 2017**

08:00-08:30 Registration & Morning Coffee

**08:30-09:15 State of the Art Lecture IV**  
*Chair: Ebaa Al-Ozairi (Kuwait)*

**L7** The Challenge of Decreased Adherence to Therapies and Clinical Inertia in Diabetes Care  
*Enrique Caballero (USA)*

**09:15-10:00 The Fifth Annual AACE-Gulf Chapter Medal Lecture 2017**  
*Chair: Salem Beshyah (UAE)*

**L8** On The Pathogenesis and Management of Type 2 Diabetes  
*Muhammad Abdul-Ghani (USA)*

**10:00-10:15 The AACE-Gulf Chapter Research Awards 2017 for Best Abstracts and Publications**

10:15-10:45 Coffee Break & Hotel Check-out

**10:45-12:15 Clinical Practice Symposia**

	<b>Al Razi Hall</b>	<b>Ibn Sina Hall</b>
	<b>Clinical Practice Symposium H. Endocrine Challenges</b> <i>Chairs: Wafic S. Wafa (UAE) &amp; Khadijah Hafidh (UAE)</i>	<b>Clinical Practice Symposium I. Endocrine Deficiencies Revisited</b> <i>Chairs: Bachar Afandi (UAE) &amp; Thamer Alessa (Kuwait)</i>
10:45-11:15	<b>CS8.1</b> Cyclical, Latrogenic and Subclinical Cushing <i>Jens Jørgensen (Denmark)</i>	<b>CS9.1</b> Latrogenic Hypoadrenalism: A Major Emerging Health Issue <i>Paul Stewart (UK)</i>
11:15-11:45	<b>CS8.2</b> Neuroendocrine Tumors: Timely Recognition and Effective Management <i>Hussein Raef (KSA)</i>	<b>CS9.2</b> Male Hypogonadism: Evaluation and Management <i>Rabih Hijazi (UAE)</i>
11:45-12:15	<b>CS8.3</b> Sleep Medicine for Endocrinologists <i>John Wilding (UK)</i>	<b>CS9.3</b> Thyroid Hormone Therapy <i>Hossein Gharib (USA)</i>

12:15-13:15 Prayers Break, Lunch Break & Networking



**THE FIFTH AACE GULF CHAPTER ANNUAL CLINICAL CONGRESS**  
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**DAY 3 SATURDAY, OCTOBER 7, 2017**

**13:15-14:00 AACE-Gulf Chapter Clinical Practice Debate 2017**

*Moderator: Hussein Saadi (UAE)*

**L9 The Motion: "It is Time for Initial Combination Therapy for Type 2 Diabetes"**

**For: Enrique Caballero (USA)**

**Against: John Wilding (UK)**

**14:00-15:30 AACE-Gulf Chapter Annual Endocrine Grand Round 2017**

*Moderator: Ali S. Alzahrani (KSA)*

**L10 "Challenging Endocrine Cases"**

**Panelists: Paul Stewart (UK), Jens Jørgensen (Denmark) & Mohamed Lamki (Oman)**

**15:30-15:40 Closing Remarks**

*Juma Al Kaabi, President, AACE-Gulf Chapter (2017-2018)*

