



SCIENTIFIC PROGRAM- DAY 1 THURSDAY, OCTOBER 10, 2019

07:30-08:30 Registration & Morning Coffee

08:30-09:15 Key Note Address

Chair: Yousef Al Saleh, President-Elect, AACE-Gulf Chapter (KSA)

Ibn Sina Hall

L1 Cures for Diabetes: Bariatric Surgery and Islet Cell Transplantation
Rayaz Malik (Qatar)

09:15-10:00 Presidential Lecture

Chair: Ebaa Al-Ozairi, President, AACE-Gulf Chapter, (Kuwait)

Ibn Sina Hall

L2 Hypogonadism & Male Aging: Review of Current Evidence
Richard Quinton (UK)

10:00-10:15 Opening Ceremony

Ali Al Mamari, Chair of Local Organizing Committee, Seventh Annual Clinical Congress & Ebaa Al-Ozairi, AACE-Gulf Chapter President (2018-2019)

10:15-10:45 Coffee Break, Poster Viewing & Exhibition

10:45-12:45

Clinical Practice Symposia

	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
	Clinical Practice Symposium A. Diabetes <i>Chairs:</i> <i>Essa Al Dhafiri (KSA) & Salah Abusnana (UAE)</i>	Clinical Practice Symposium B. Thyroid <i>Chairs:</i> <i>Hussein Saadi (UAE) & Saud Al Harthi (Oman)</i>	Clinical Practice Symposium C. Clinical Endocrinology <i>Chairs:</i> <i>Amin Jayyousi (Qatar) & Sheikha Abalkhail (Kuwait)</i>
10:45-11:15	CS1.1 Diabetes Therapies: What is New? Mohamed Lamki (Oman)	CS2.1 Graves' Disease Update Hossein Gharib (USA)	CS3.1 FRAX in GCC Countries Thamer Alessa (Kuwait)
11:15-11:45	CS1.2 Intermittent Fasting and Diabetes Ahmed Hassoun (UAE)	CS2.2 Cardiovascular Effects of Hypothyroidism Wiam Hussein (Bahrain)	CS3.2 Treatment of Acromegaly Diego Ferone (Italy)
11:45-12:15	CS1.3 Management of Diabetes in Patients with Declining Renal Function Salem Beshyah (UAE)	CS2.3 The Pearls of Thyroid Ultrasonography Aly B. Khalil (UAE)	CS3.3 Non Alcoholic Fatty Liver Disease and Cardiovascular Risk: Fact or Fiction? Raul Santos (Brazil)
12:15-12:45	CS1.4 CGM in Diabetes Aisha Mohammed Al Senani (Oman)	CS2.4 Thyroid Eye Disease Ramzi Ajjan (UK)	CS3.4 Vitamin D: Skeletal and Extraskelatal Benefits David Kendler (Canada)
12:45-13:45	Prayers Break, Lunch Break & Poster Viewing		





SCIENTIFIC PROGRAM- DAY 1 THURSDAY, OCTOBER 10, 2019

13:45-14:30 Meet-the-Expert Sessions			
	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
13:45-14:30	MTE1. Insulin Pump: Case Based Approach Abdulmuhsen Alshammari (Kuwait) <i>Chair:</i> Fatma Al Zidjali (Oman)	MTE2. Induction of Spermatogenesis in Men with Central (or Hypogonadotropic) Hypogonadism Richard Quinton (UK) <i>Chair:</i> Abdullah Fataisi (Oman)	MTE3. Cushing's Disease Diego Ferone (Italy) <i>Chair:</i> Khaled Al Dahmani (UAE)
14:30-15:30 Oral Communications			
	Al Razi Hall	Ibn al-Nafis Hall	
	Oral Communications 1 (OC1.1-1.5) Diabetes <i>Chairs:</i> Rayaz Malik (Qatar), Nasreen Alsayed (Bahrain), Khaled Al Dahmani (UAE) & Juma Al Kaabi (UAE)	Oral Communications 2 (OC 2.1-2.5) Endocrinology <i>Chairs:</i> Richard Quinton (UK), Tarik Elhadd (Qatar), Yousef Saleh (KSA) & Ahmed Qaitoon (Oman)	
15:30-16:00	Coffee Break, Poster Viewing & Exhibition		
16:00-16:30 Gold Satellite Symposia			
	Al Razi Hall		
	SS1. Hosted by Abbott		
16:30-17:15 Meet-the-Expert Sessions			
	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
16:30-17:15	MTE4. Diabetic Neuropathy: A Time to Challenge the Dogma Rayaz Malik (Qatar) <i>Chair:</i> Tarik Elhadd (Qatar)	MTE5. Primary Prevention of Cardiovascular Diseases: ASA and Others? Raul Santos (Brazil) <i>Chair:</i> Ali Al Moqbali (Oman)	MTE6. Disorders of Sex Development Abdullah Al Herbish (KSA) <i>Chair:</i> Ibrahim Al Alwan (KSA)
17:15-18:00 Plenary Lecture I			
	<i>Chair:</i> Juma Al Kaabi (UAE) L3 Technology in Diabetes Sandra Weber (USA), President, AACE (2019-2020)		
18:00-18:30	Prayer Break, Coffee Break & Exhibition		
19:15-20:00 Annual AACE-Gulf Chapter Meeting			
	<i>(members and guests only)</i>		





SCIENTIFIC PROGRAM- DAY 2 FRIDAY, OCTOBER 11, 2019

08:00-08:15 Registration

08:00-08:45 State of the Art Lecture I

Chair: Abdulraof Almahfouz (KSA)

L4 Low-Risk Thyroid Cancer: Types & Management
Hossein Gharib (USA)

08:45-09:30 State of the Art Lecture II

Chair: Mahmoud Zirie (Qatar)

L5 The Determinant of Obesity: Why it is Difficult to Lose Weight?
John Dixon (Australia)

09:30-09:45 Coffee Break, Poster Viewing & Exhibition

09:45-11:15

Clinical Practice Symposia

	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
	Clinical Practice Symposium D. Endocrinology of Pregnancy <i>Chairs:</i> <i>Fathey Al Awadi (UAE) & Hala Al Shaikh (Oman)</i>	Clinical Practice Symposium E. Cardiometabolic Risk <i>Chairs:</i> <i>Khalid Al Rasadi (Oman) & Mohamed Mujammami (KSA)</i>	Clinical Practice Symposium F. Pediatric Endocrinology <i>Chairs:</i> <i>Saif Al Yaarubi (Oman) & Mona Arekat (Bahrain)</i>
09:45-10:15	CS4.1 Management of Hyperglycemia in Pregnancy Bachar Afandi (UAE)	CS5.1 FH, New Horizons for Diagnosis and Effective Management Nasreen Alsayed (Bahrain)	CS6.1 Management of Growth Disorders in GCC Countries Bassam Bin Abbas (KSA)
10:15-10:45	CS4.2 Challenging Cases of Thyroid Disorders in Pregnancy Hossein Gharib (USA)	CS5.2 Hypoglycaemia: Cardiovascular Consequences and Mortality Saud Al Sifri (KSA)	CS6.2 Update on Monogenic Diabetes Asma Deeb (UAE)
10:45-11:15	CS4.3 Update in PCOS Huda E. Mustafa (UAE)	CS5.3 Diabetes and Dyslipidemia Treatment Raul Santos (Brazil)	CS6.3 X- Linked Hypophosphatemic Rickets, New Insight Fahad Al Juraibah (KSA)

11:15-12:15

Platinum Satellite Symposium

Ibn Sina Hall

SS3.
Hosted by Sanofi





SCIENTIFIC PROGRAM- DAY 2 FRIDAY, OCTOBER 11, 2019

12:15-13:45 Extended Prayers Break, Lunch Break & Poster Viewing
(Transport will be leaving for Friday Prayers sharply at 12:00)

13:45-14:45 Diamond Satellite Symposium

Ibn Sina Hall

SS4.
Hosted by Novo Nordisk

14:45-16:15 Meet-the-Expert Sessions

	Al Razi Hall	Ibn Sina Hall	Ibn al-Nafis Hall
14:45-15:30	MTE7. Diabetic Triopathy Rayaz Malik (Qatar) Chair: Tariq Nasser (KSA)	MTE8. The Benefits of Metabolic Surgery beyond Type 2 Diabetes John Dixon (Australia) Chair: Sara Suliman (UAE)	MTE9. Rational Choices for Sex Hormone Replacement Therapy in Men and Women Richard Quinton (UK) Chair: Bashir Salih (UAE)
15:30-16:15	MTE10. Hypoglycaemia and Driving: An update for 2019 Glenn Matfin (UAE) Chair: Hilal Al Musalhi (Oman)	MTE11. Sequences of Osteoporosis Therapies to Best Benefit Patients David Kendler (Canada) Chair: Ahmed Al Farqani (Oman)	MTE12. Hyperprolactinemia: Case Based Approach Khaled Al Dahmani (UAE) Chair: Mussa Al Malki (KSA)

16:15-16:45 Coffee Break, Poster Viewing & Exhibition

16:45-17:45 AACE-Gulf Chapter Annual Endocrine Grand Round 2019

Moderator: Ali S. Alzahrani (KSA)

L6 Unique Clinical Cases
Panelists: Hossein Gharib (USA), David Kendler (Canada) and Diego Ferone (Italy)

17:45-18:15 Prayer Break, Coffee Break & Exhibition

18:15-19:00 Plenary Lecture II

Chair: Riyadh Sulimani (KSA)

L7 Year in Osteoporosis
David Kendler (Canada)

20:00-22:00 **The AACE-Gulf Chapter Annual Dinner and Recognition Awards Night**
(admission by tickets only)





SCIENTIFIC PROGRAM- DAY 3 SATURDAY, OCTOBER 12, 2019

08:00-08:30 Registration & Morning Coffee

08:30-09:15 State of the Art Lecture III

Chair: Abdulrazzaq Almadani (UAE)

L8 Update in Neuroendocrine Tumors
Diego Ferone (Italy)

09:15-10:00 The Sixth Annual AACE-Gulf Chapter Medal Lecture 2019

Chair: Salem Beshyah (UAE)

L9 Thyroid Cancer in Saudi Arabia: From Bench to the Clinic
Ali S. Alzahrani (KSA)

10:00-10:30 The AACE-Gulf Chapter Research Awards 2019 for Best Abstracts

10:30-11:00 Coffee Break & Hotel Check-out

11:00-13:00

Clinical Practice Symposia

Al Razi Hall

Clinical Practice Symposium G.

Clinical Endocrinology

Chairs: Ahmed Hassoun (UAE) & Ali Al Reesi (Oman)

11:00-11:30 **CS7.1** Adrenal Incidentalomas: An Update
Naji Alamuddin (Bahrain)

11:30-12:00 **CS7.2** Motivational Interviewing: How Can We Improve Adherence in Diabetes?
Nasser Aljuhani (KSA)

12:00-12:30 **CS7.3** Hypertension in Diabetes
Mohamed Hassanein (UAE)

12:30-13:00 **CS7.4** Post Transplant Diabetes
Tarik Elhadd (Qatar)

Ibn Sina Hall

Clinical Practice Symposium H.

Obesity

Chairs: Omayma El-Shafei (Oman) & Reem Al Amoudi (KSA)

CS8.1 Obesity Practice: What Brings Success?
Noor Al Busaidi (Oman)

CS8.2 Post Bariatric Hypoglycemia
Ebaa Al-Ozairi (Kuwait)

CS8.3 Very Low Calorie Diets: An Essential Weight Management too. Why?
John Dixon (Australia)

CS8.4 Micronutrients Post Bariatric Surgery
Juma Al Kaabi (UAE)

13:00-13:30 Closing Remarks

Yousef Saleh, President, AACE-Gulf Chapter (2019-2020)

