

SCIENTIFIC PROGRAM

DAY 1 THURSDAY, NOVEMBER 5, 2020

* Timings reflected are in Riyadh, KSA timezone (GMT +3)

16:00-16:30 **Industry Talk**

16:30-17:15 **KEYNOTE ADDRESS**

Chair: Nasreen Alsayed

Role of Lipoprotein (a) in Coronary Disease: An Emerging Novel Target
Steven Nissen

17:15-17:25 **Opening Remarks**

Yousef Al Saleh, AACE Gulf Chapter President (2019-2020)

17:25-19:05

Endocrine Hall

Diabetes & Metabolism Hall

**Clinical Practice Symposium:
Thyroid**

Chair: Aly Khalil

**Clinical Practice Symposium:
Diabetes**

Chair: Salem Beshyah

17:25-17:45

Diagnosis and Management of Hypothyroidism: The Fine Points
Paul Ladenson

Different Approaches to Weight Loss and Remission of Type 2 Diabetes
Barbara McGowan

17:45-18:05

Approach to Cytologically Indeterminate Thyroid Nodules
Eiman Alsedeeqi

A Doc in your Pocket: Telemedicine in Case-Based Scenarios
Ebaa Alozairi

18:05-18:25

Autoimmune Thyroid Disease and Pregnancy
Emad Naem

Is CV Risk Reduction Possible with Diabetes Medications
Sylvio Inzzuchi

18:25-18:45

Interpretation of Challenging Thyroid Function Tests
Paul Ladenson

Hypoglycemia and C-Peptide
Brian Frier

18:45-19:05

Discussion

Discussion

19:05-20:05 **Industry Talk**

20:05-21:05

Endocrine Hall

Diabetes Hall

Meet-the-Expert

Chair: Naji Al Johani

Meet-the-Expert

Chair: Mohamed Lamki

20:05-20:25

Radioactive Iodine in Differentiated Thyroid Cancer
Anwar Jamaah

TBA

Sylvio Inzzuchi

20:25-20:45

Diagnostic Approach and Management of Neuroendocrine Tumors: Case Discussion
Aishah Ekzhaimy

Updates in Individualizing Therapy in Type 2 Diabetes: Optimizing Insulin and Non-Insulin Combinations
Ali Al Mamari

20:45-21:05

Discussion

Discussion

21:05-21:50 **PLENARY LECTURE I**

Chair: Juma Al Kaabi

Preventing Diabetes to Prevent CVD: Is It Chicken or Egg?
Sylvio Inzzuchi

21:50-22:20

Industry Talk

SCIENTIFIC PROGRAM

DAY 2 FRIDAY, NOVEMBER 6, 2020

* Timings reflected are in Riyadh, KSA timezone (GMT +3)

15:00-15:30 **Industry Talk**

15:30-16:15 **PRESIDENTIAL LECTURE**

Chair: Yousef Al Saleh

The Year in Pituitary

Laurence Katznelson

16:15-17:55

Endocrine Hall

Diabetes & Metabolism Hall

**Clinical Practice Symposium:
Bone & Mineral Metabolism**

Chair: Waleed AlBakr

**Clinical Practice Symposium:
Lipidology**

Chair: Ahmed Hassoun

16:15-16:35

Sarcopenia: From definition to treatment.
Where are we in 2020?

Jean-Yves Reginster

Aggressive LDL Reduction: How Low
Should We Go in High Risk Patients

Steven Nissen

16:35-16:55

Normocalcemic Primary
Hyperparathyroidism

Yousef Al Saleh

Hypertriglyceridemia and Vascular Risk

Dimitri Mikhailidis

16:55-17:15

Managing Osteoporosis in Diabetes

Nadia Al Ali

Novel Therapies & Future Developments
for Treating Dyslipidemia

Khalid Al Rasadi

17:15-17:35

Importance of Treatment Sequence to
Close the Gap in the Management of
Osteoporosis

Jean-Yves Reginster

Obesity and Cardiovascular Disease

Steven Nissen

17:35-17:55

Discussion

Discussion

17:55-18:55

Industry Talk

18:55-19:55

Endocrine Hall

Diabetes Hall

Meet-the-Expert

Chair: Mona Arekat

Meet-the-Expert

Chair: Ibrahim Mamoun

18:55-19:15

Management of Prolactinoma
in Pregnancy

Moeber Mahzari

Insulin Pump and CGM:
A Case-Based Discussion

Sandra Weber

19:15-19:35

Hyperaldosteronism:
Uncertainties and Challenges

Mouhammed Amir Habra

Glycemic Management in
Hospitalized Patients

Hussain Badawi

19:35-19:55

Discussion

Discussion

19:55-20:40 **STATE-OF-THE-ART LECTURE I**

Chair: Riyadh Al-Sulaimani

New Bone Forming Agents: Do they bring any added value for the management of osteoporosis?

Jean-Yves Reginster

20:40-21:10

Industry Talk

SCIENTIFIC PROGRAM

DAY 3 SATURDAY, NOVEMBER 7, 2020

* Timings reflected are in Riyadh, KSA timezone (GMT +3)

15:00-15:30 Industry Talk

15:30-16:15 **STATE-OF-THE-ART LECTURE II**

Chair: Ebaa Alozairi

The Path to Type 1 Diabetes Prevention

Sandra Weber

16:15-17:55

Endocrine Hall

Diabetes & Metabolism Hall

**Clinical Practice Symposium:
Adrenal/Pituitary Disorders**

Chair: Khaled Al Dahmani

**Clinical Practice Symposium:
Adolescent Diabetes**

Chair: Tarik Elhadd

16:15-16:35

Medical Therapy of Cushing Disease

Laurence Katznelson

Transition of Care

Sandra Weber

16:35-16:55

Approach to Suspicious Adrenal Masses

Mouhammed Amir Habra

Management of Dyslipidemia
in Adolescents

Samuel Gidding

16:55-17:15

Approach to a Patient with Persistent
Acromegaly

Laurence Katznelson

Type 2 Diabetes Management
in Adolescents

Elham Al Amiri

17:15-17:35

Latest Update on Pheochromocytoma

Ali Alzahrani

Are Type 1 and Type 2 Diabetes in
Adolescents the Same or Different?

David Nathan

17:35-17:55

Discussion

Discussion

17:55-18:55

Industry Talk

18:55-19:55

Endocrine Hall

Diabetes Hall

Meet-the-Expert

Chair: Wiam Hussein

Meet-the-Expert

Chair: Thamer Alessa

18:55-19:15

Challenging Cushing Syndrome Cases

Mouhammed Amir Habra

Sequential vs. Early Combination Therapy
in Type 2 Diabetes

David Nathan

19:15-19:35

Hypopituitarism: Impact on Fertility
and Pregnancy

Laurence Katznelson

Heart Failure & Diabetes:
Interactive Cases

Miles Fisher

19:35-19:55

Discussion

Discussion

19:55-20:40 **PLENARY LECTURE II**

Chair: Ali Alzahrani

New Medical Options for the Treatment of Advanced Thyroid Cancer

Paul Ladenson

20:40-21:10

Industry Talk

SCIENTIFIC PROGRAM

DAY 4 SUNDAY, NOVEMBER 8, 2020

* Timings reflected are in Riyadh, KSA timezone (GMT +3)

16:30-17:00 **Industry Talk**

17:00-17:45 **STATE-OF-THE-ART LECTURE III**

Chair: Nasser Aljuhani

What we have learned from cardiovascular outcome trials in diabetes?
Miles Fisher

17:45-19:25 **Endocrine Hall** **Diabetes & Metabolism Hall**

**Clinical Practice Symposium:
Reproductive Endocrinology**

Chair: Nawal Al Mutawa

**Clinical Practice Symposium:
Obesity**

Chair: Bachar Afandi

17:45-18:05 Female Sexual Dysfunction:
Diagnosis and Treatment
Stephen Atkin

Preventing Obesity

Ali Alshehri

18:05-18:25 Update on Turner Syndrome Guidelines
Ibraheem Al-Alwan

An Update on Pharmacotherapy for the
Treatment of Obesity
Barbara McGowan

18:25-18:45 COVID-19 and Gonadal Dysfunction
Rabih Hijazi

The Mechanisms Underlying the Effects
of Exercise on Metabolic Health
Stuart Gray

18:45-19:05 HRT in Postmenopausal Women,
What is new?
Laila Qadan

COVID-19 and Obesity

Nasreen Alfaris

19:05-19:25 Discussion

Discussion

19:25-20:10 **PLENARY LECTURE III**

Chair: Amin Jayyousi

New Technologies to Identify Hypoglycemia in Clinical Practice
Brian Frier

20:10-21:10 **Endocrine Hall** **Diabetes Hall**

Meet-the-Expert

Chair: Abdulla Fataisi

Meet-the-Expert

Chair: Jamal Al Saed

20:10-20:30 What's Needed for Endocrine Practice
Success
Wiam Hussein

Medical Optimisation of Patients
Post Bariatric Surgery
Sara Suliman

20:30-20:50 Short Stature: Approach and
Management
Khalid Hussain

Comorbidities of Hypertension and
Diabetes: Best Practice Approach
Naji Alamuddin

20:50-21:10 Discussion

Discussion

21:10-21:55 **PLENARY LECTURE IV**

Chair: Abdulmohsen Al Elq

Ending at the Beginning: What We Know about Diabetes Prevention
David Nathan

21:55-22:10 **Closing Remarks**

Towards 2021

Nasreen Alsayed, AACE Gulf Chapter President (2020-2021)